

Cashier's Training: Reimbursable Meals

Pre/Post Assessment

1. The components of a reimbursable lunch that must be offered to all students include
 - a. Meat/Meat Alternate, Fruits, Grains, and Fluid Milk.
 - b. Fruits, Grains, and Fluid Milk.
 - c. Meat/Meat Alternate, Legumes, Fruits, Grains, and Soy Milk.
 - d. Meat/Meat Alternate, Vegetables, Fruits, Grains, and Fluid Milk.

2. The components of a reimbursable breakfast that must be offered to all students include
 - a. Meat/Meat Alternate, Fruits, and Grains.
 - b. Fruits, Grains, and Fluid Milk.
 - c. Meat/Meat Alternate, Fruits, and Vegetables.
 - d. Vegetables, Grains, and Fluid Milk.

3. Under OVS, schools must
 - a. require students to take all components and can provide smaller portions.
 - b. prepare equal amounts of all components offered regardless of popularity.
 - c. allow each student to take the full required amount of each component.
 - d. identify the unit price for the selection of 3, 4, or 5 components.

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4. A reimbursable OVS lunch meal must include the selection of a minimum _____ of fruit, vegetable, or fruit and vegetable combined
- $\frac{1}{4}$ cup
 - $\frac{1}{2}$ cup
 - $\frac{3}{4}$ cup
 - 1 cup
5. To be a reimbursable lunch meal _____ out of 5 meal components must be selected.
- 2
 - 3
 - 4
 - 5
6. As a cashier, you are responsible for ensuring the student selection meets the OVS requirements of a reimbursable lunch meal. A question you should ask yourself when determining if student selection is a reimbursable meal is, "Has the student selected at least three food components
- and the selection includes a minimum $\frac{1}{2}$ cup of fruit or vegetable?"
 - and the selection includes a minimum 1 oz eq of meat/meat alternate?"
 - and the selection includes a minimum 1 cup of milk?"
 - and the selection includes a minimum 1 cup of milk?"

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