

Orientation to School Nutrition Management Pre/Post-Assessment with Answers

1. Which of the following is **NOT** required in food production records?
 - a. Age group of students
 - b. Raw food cost per serving
 - c. Portion or serving size
 - d. Amount of food used

2. Nutrition accountability deals with
 - a. Meeting the USDA nutrition requirements that are based on the *Dietary Guidelines* and the RDA
 - b. Providing accurate information on meals to support reimbursement from USDA
 - c. Ensuring every household has the opportunity to apply for reduced or free meals
 - d. Providing information on goal for nutrition education

3. Characteristics of food that are acceptable to consumers are referred to as
 - a. Food Quality Standards
 - b. Culinary Techniques
 - c. Food Presentation Principles
 - d. Nutrient Standards

4. Which of the following is a **false** statement about factors that influence student eating habits?
 - a. Adolescent customers have strong social needs and are often influenced by their peers.
 - b. The age of a child has no influence on their food likes and dislikes.
 - c. The beliefs of parents about food customs influence student eating patterns.
 - d. The environment of the dining room can have an effect on a student's desire to participate in the school nutrition program.

5. Schools can serve
 - a. Commercially prepared tofu and soy product as part of a reimbursable meal
 - b. More fruit and vegetable servings than the weekly requirement
 - c. More grain servings than the weekly ranges
 - d. All of the above

6. Which of the following is **NOT** a common menu modification?
- Texture
 - Sodium content
 - Calories
 - Consistency of liquids
7. Which of the following is **NOT** a recommended action for a child with a disability?
- Offering foods as a reward
 - Longer than normal eating time
 - Assistance with grasping and releasing eating utensils
 - Placing children who are easily distracted behind a screen
8. Which of the following statements about leadership and the role of the School Nutrition Director is **false**?
- The superintendent is the leader of the school district, but leadership for the school nutrition program is assigned to the School Nutrition Director.
 - The state school nutrition office is accountable for the district school nutrition program.
 - School Nutrition Directors cooperate and work with the state office.
 - Leadership encompasses both accountability and responsibility.
9. Most school nutrition programs have the goal of marketing healthy food choices, quality diet/nutritious food, and more nutrient dense foods to meet nutrient standards. These are examples of which principle of the marketing campaign?
- Product
 - Price
 - Policy
 - Promotion
10. Which is **NOT** a benefit of a marketing campaign for school nutrition programs?
- It helps administrators and faculty see the value of child nutrition programs.
 - It helps achieve nutrition-related education.
 - It helps curtail disciplinary issues.
 - It helps resolve issues some children face such as obesity and diabetes.

11. Which of the following is **NOT** a key step for effective inventory management?
- Knowing where and how much food you have on hand
 - Controlling waste, loss and theft
 - Maintaining only as much food as you need
 - Utilizing Offer versus Serve
12. All of the following must be identified in RFP's **EXCEPT**
- All parties being solicited
 - Goods, products, and/or services needed
 - Evaluation Factors
 - How the needs will be met
13. All of the following key information should be included in product description specifications **EXCEPT**
- Case Pack/weight
 - Minimum and Maximum Size and Pieces
 - Quality Indicators
 - Price
14. Material Safety Data Sheets (MSDS) must contain all of the following **EXCEPT**
- How to handle an accident using a chemical or toxic substance
 - Ingredients in the chemical or toxic substance
 - Possible side effects of exposure
 - Emergency contact information
15. Offer versus Serve is
- Intended to reduce food waste
 - Mandatory for senior high schools in the National School Lunch Program
 - Mandatory for the School Breakfast Program and for the National School Lunch program at lower grades
 - A and B
16. The conditions that favor the growth of most foodborne microorganisms (excluding viruses) are
- Food, acidity, temperature, time, oxygen, and moisture
 - Food, time, and temperature
 - Food, temperature, and moisture
 - Food, acidity, and time

17. Which of the foods listed below would **NOT** be considered a potentially hazardous food?
- a. Lemon
 - b. Sliced Melon
 - c. Baked potato
 - d. Cooked rice
18. When cooling a hot food from 135°F down to 41°F, it must be reheated immediately to 165°F for 15 seconds if it has not reached 70°F within
- a. 1 hours
 - b. 2 hours
 - c. 3 hours
 - d. 4 hours
19. Which of the following describes food biosecurity?
- a. Limits cross contamination
 - b. Limits presence of naturally occurring food contaminants
 - c. Prevents growth of organisms caused by time/temperature abuse
 - d. Prevents product tampering
20. It is imperative in an emergency situation that the director
- a. Understands the chain of command
 - b. Establishes and communicates plans and procedures
 - c. Monitors the inventory of food, equipment and supplies
 - d. All of the above

**Answers: 1(b); 2(a); 3(a); 4(b); 5(d); 6(b); 7(a); 8(b); 9(a); 10(c);
11(d); 12(a); 13(d); 14(c); 15(d); 16(a); 17(a); 18(b); 19(d); 20(d)**