

## “Picture This” Communication Activity

### Suggestions for Use in Training

School nutrition directors, managers, or anyone providing training to employees may use this group activity to illustrate the importance of communication.

### Preparation for the Activity

- Instruct the class participants to get into teams of two.
- Ask each team to determine who will be the listener and who will be the speaker.
- Give each speaker a copy of the activity handout and each listener a blank piece of paper.
- Make sure the listener does not see the picture.

### Activity Directions

**SAY:** Here are the rules. The speaker must describe the picture he sees on the handout. The listener must try and draw the picture being described without peeking. Speakers, you may describe the picture however you want. Listeners, you may ask questions for clarification. You have 3 minutes to complete the activity.

**ASK:** Does anyone have any questions about the rules?

**DO:** After 3 minutes, ask everyone how they did and compare the results. Discuss how difficult it was to follow directions.

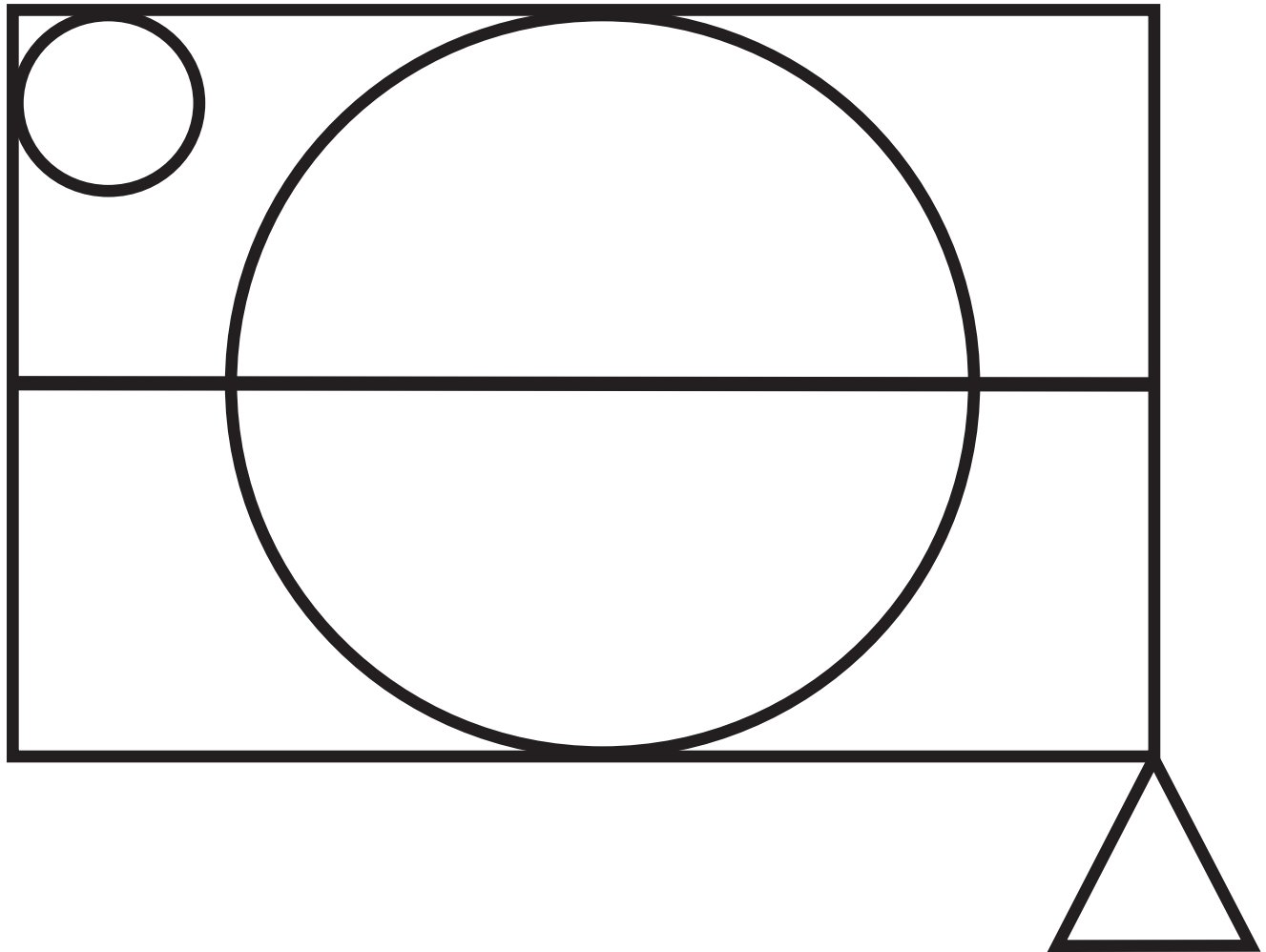
**SAY:** If we all work hard to improve our communication skills – both speaking and listening – we can have a positive impact on our operation.

### Additional Handout

The Four C’s of Communication

**Source:** National Food Service Management Institute. (2008). *Growing your professional skills*. University, MS: Author.

## Picture Diagram



This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture, Food and Nutrition Service through an agreement with the Institute of Child Nutrition at The University of Mississippi. The contents of this publication do not necessarily reflect the views or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. government.

The University of Mississippi is an EEO/AA/TitleVI/Title IX/Section 504/ADA/ADEA Employer.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights; Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

© 2017, Institute of Child Nutrition, The University of Mississippi, School of Applied Sciences

Except as provided below, you may freely use the text and information contained in this document for non-profit or educational use with no cost to the participant for the training providing the following credit is included. These materials may not be incorporated into other websites or textbooks and may not be sold.

The photographs and images in this document may be owned by third parties and used by The University of Mississippi under a licensing agreement. The University cannot, therefore, grant permission to use these images.

For more information, please contact [helpdesk@theicn.org](mailto:helpdesk@theicn.org).

