

Resource List for Nutrition and Health Information

Suggestions for Use in Training

Use this handout for group training on nutrition education.

Do you want to start a walking program or a healthy weight plan? Do you need more information about a disease or health condition? Help is just a mouse click or a phone call away. Contact these organizations for helpful information. Many have local chapters in communities nationwide. Check your local phone directory for regional offices.

Resources

American Cancer Society

www.cancer.org
1-800-ACS-2345

American Dental Association

211 East Chicago Ave.
Chicago, IL 60611-2678
www.ada.org

American Diabetes Association

1701 North Beauregard Street
Alexandria, VA 22311
www.diabetes.org

Academy of Nutrition and Dietetics

120 South Riverside Plaza,
Suite 2000
Chicago, IL 60606
www.eatright.org

American Heart Association and American Stroke Association

National Center
7272 Greenville Avenue
Dallas, TX 75231
www.americanheart.org

America on the Move

www.americaonthemove.org

March of Dimes

1275 Mamaroneck Avenue
White Plains, NY 10605
www.modimes.org

National Osteoporosis Foundation

1232 22nd Street, N.W.
Washington, D.C. 20037-1292
www.nof.org

The American Cancer, Diabetes, and Heart Associations

jointly sponsor a Web site, Everyday Choices for a Healthier Life
www.everydaychoices.org

The Partnership to Promote Healthy Eating and Active Living

44 School St., Suite 325
Boston, MA 02108
www.ppheal.org

Resource List for Nutrition and Health Information *continued*

**United States Department
of Agriculture Food and
Nutrition Service
(USDA/FNS)**

3101 Park Center Drive
Alexandria, VA 22302
www.fns.usda.gov

**United States Department of
Health and Human
Services (US/DHHS)**

200 Independence Ave., S.W.
Washington, D.C. 20201
www.hhs.gov

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Author.

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For more information, please contact helpdesk@theicn.org.

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